



The Pink Bakery's Premium Pancake & Waffle Mix

Dry Ingredients:

Organic Sorghum Flour, Organic Arrowroot Flour, Organic Fair Trade Vegan Cane Sugar, Non-GMO Non-Aluminum Baking Powder (corn starch) Non-GMO Pink Himalayan Salt and Non-GMO Xanthan Gum (corn).

Sample Pouch Instructions: Heat and grease the griddle or waffle maker with neutral oil. Add 3 tablespoons of neutral oil (**1.5 oz or 43 g**) and 2 cups of water (**16 oz or 454 g**) to the dry ingredients.

Mix until well incorporated. Using the 1/4 measuring cup, measure out 15 equal-sized pancakes or waffles. Cook for 2-3 minutes per side. For crispy waffles, put in toaster or broil on low in oven for 3 minutes each side. Serve.

Nutrition Facts

Serving size 1 waffle (30g)

Amount per serving

Calories **102**

% Daily Value*

Total Fat 0.2g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 118mg **5%**

Total Carbohydrate 22.4g **8%**

Dietary Fiber 0.7g **2%**

Total Sugars 3.4g

Protein 2.5g

Vitamin D 0mg 0% • Calcium 47mg 4%

Iron 1mg 7% • Potassium 127mg 3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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